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Through Sacred Woman, she has given us the sacred tools we need to live our lives in this new century. "Hazelle Goodman, actress "Sacred Woman offers profound wisdom to all who seek healing and transformation. Queen Afua is a national treasure." Bob Law, author, radio personality, and vice president of WWRL

Sacred Woman: A Guide to Healing the Feminine Body, Mind

Download ebook pdf Sacred Woman: A Guide to Healing the Feminine Body, Mind, and Spirit - Queen Afua Description: Queen Afua is a nationally renowned herbalist, natural health expert, and dedicated healer of women's bodies and women's souls who practices a uniquely Afrocentric spiritualit

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Healing the Feminine Mind, Body, and Spirit, a 416 page book by Queen Afua, a Brooklyn-based holistic health practitioner.2 As the title indicates, Sacred Woman is a guide for women to follow to improve and maintain their reproductive health systems. Queen Afua is a nutritionist, herbal-ist, yoga instructor, and a priestess of the Kemetic faith.

The Womb Circle: A Womanist Practice of Multi-Religious

If you ever find your Soul in need of resurrection, Sacred Woman by Queen Afua is the go to manual. Practicing a uniquely Afrocentric spirituality, Sacred Woman offers a metamorphic journey of the physical and ancestral self for all women.

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